

breakfast

AVAILABLE 7:30AM - 12PM

SWEET

GRANOLA BOWL	1800
local curd with homemade granola and seasonal fruits	
SEMOLINA PORRIDGE 	1500
cooked with coconut milk and cinnamon, topped with apple, banana, almonds & kithul treacle	
COCONUT ROTTI <i>SWEET</i> 	1800
with homemade peanut butter, banana, nuts and kithul treacle	
SRI LANKAN PANCAKES	1600
classic homemade pancakes with pol peni (coconut flakes with coconut honey), homemade chocolate sauce and seasonal fruits	

SMOOTHIE BOWLS

available all day!

CHOCO CHOC  	1900
base of banana, coconut milk, dates, peanut butter and cocoa powder, topped with banana, roasted nuts, roasted coconut and homemade dark chocolate sauce	
TROPICAL THUNDER 	1800
base of banana, mango & coconut milk, topped with papaya, pineapple, banana and homemade granola	
GREEN GODDESS 	1900
base of banana, coconut milk, spinach, flax meal & moringa, topped with banana, mango, starfruit and homemade granola	
BLACK BEAUTY  	1900
base of banana, spinach, coconut milk & activated charcoal, topped with starfruit, mango, goji berries and roasted coconut	

SAVORY

BREAKFAST BAGEL <i>CLASSIC</i>	2000
bagel with homemade cream cheese, scrambled eggs, sliced avocado and pickled onion	
BREAKFAST BAGEL <i>VEGAN</i> 	2000
charcoal bagel with beetroot hummus, scrambled tofu, sliced avocado and micro greens	
COCONUT ROTTI <i>SPICY</i>  	1200
with dhal and onion sambol	
THE OBLIGATORY AVO TOAST	1800
smashed avocado on rye bread* with sauteed spinach and eggs** of your choice (fried, scrambled or poached)	
 *swap for gluten-free bread	free of charge
 **make it vegan (scrambled tofu)	+ 200

ADD-ONS

EGG	300
FETA CHEESE	600
HALLOUMI	800
CHICKEN	600
BACON	900

DESSERT & SWEET TREATS

BLISS OR ENERGY BALL HOMEMADE 	300
VEGAN CHOCOLATE MOUSSE  	800

please ask our staff for more dessert options - availability changes daily

* PLEASE NOTE THAT 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL WHICH GOES STRAIGHT TO OUR HARD WORKING STAFF. ♥



lunch

AVAILABLE 12 - 3PM



BOWLS

- LIGHT MY FIRE**   2400
glass noodles, zucchini, bok choy, roasted pineapple, cucumber, red bell pepper, sticky tofu, pickled ginger and peanuts with peanut & chili soy dressings
- ROOT DOWN**   2400
quinoa, chickpeas, golden sauerkraut, beetroot, spinach and lotus root with turmeric tahini dressing
- DR. GREENTHUMB**  2600
glass noodles, zucchini, kale, bok choy, avocado, edamame and sticky tofu with green pesto dressing
- OVER THE RAINBOW**   2200
quinoa, corn, roasted sweet potato, cherry tomatoes, red cabbage, avocado, spinach and black beans with peanut butter dressing

BITES

- CHICKPEA AVOCADO SALAD**  1800
with corn, feta cheese, black sesame and a herbal lime dressing
- RAINBOW ROLLS**  1800
rice paper rolls filled with glass noodles, veggies and tofu, served with chilli soy and peanut dips
- HUMMUS DUO**  1800
served with manioc chips, raw veggie sticks and toasted charcoal bread
- SWEET POTATO FRIES**   1200
served with homemade dips

BURGERS

- THE JACK**   2200
"pulled pork" style jackfruit, lettuce, coleslaw, tomato, pickled onion. Served with homemade sweet potato fries and bbq dip
- CHEESEBURGER IN PARADISE** 2400
halloumi, grilled veggies, lettuce & avocado. Served with homemade sweet potato fries and beetroot hummus
- BLACK BETTY** 2600
black bean patty, lettuce, tomato, smoked cheese and seeni sambol. Served with homemade sweet potato fries and salsa rosada dip

ADD-ONS

- AVOCADO 500
- TOFU 500
- FETA CHEESE 600
- HALLOUMI 800
- CHICKEN 600
- BACON 900

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drinks

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HOT COFFEE

ESPRESSO	500
AMERICANO	600
CAPPUCCINO	700
FLAT WHITE	700
CAFE LATTE	800
+ ADD SHOT	+ 250
+ MAKE IT DECAF	+ 400
+ MAKE IT VEGAN (COCONUT OR OAT MILK)	+ 200

TEA (SEE SEPERATE MENU)

OTHER

GOLDEN MILK	800
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COOL DOWN

ICED AMERICANO	700
ICED LATTE	900
ICED DECAF	1100
ICED TEA (CEYLON BLACK OR MINT)	400
ICED GOLDEN MILK	900
HOMEMADE COLD BREW	800
KOMBUCHA	800
LIME SODA	450
MAGIC LEMONADE (BUTTERFLY PEA & LIME)	800
KING COCONUT	300
DIRTY KING COCONUT (+ ESPRESSO SHOT)	800

COLD PRESSED JUICE

BRIGHTEN UP pineapple, mango, ginger, lime, king coconut	1400
BALANCE papaya, carrot, passionfruit, turmeric	1100
REFRESH watermelon, mint, lime, king coconut	1200
DETOX spinach, pineapple, green apple, basil, lime, spirulina	1400
SRI LANKAN ORANGE (SOOR)	500